



**Durham Arts Council CAPS Teaching Artist Roster  
Lesson Plan Template**

<b>Program Title:</b> Meditative drawing		<b>Teaching Artist Name:</b> Sayaka Tanaka	
<b>Grade Level:</b> Pre-K to adult	<b>Maximum Student Participants:</b> 25	<b>Length of Program:</b> <i>Total Days:</i> 1 <i>Length of session(s):</i> 60-90 min	
<b>Arts Focus:</b> Drawing		<b>Curriculum Focus:</b> Trust own creativity and expand own imagination.	
<b>Primary Learning Goal(s):</b> Respond confidently to the unexpected, and discover the fun and healing in creative expression. <i>(What should students learn during this residency, workshop, or performance?)</i>			
<b>Connecting NC Essential Arts Standard</b> <i>Identify at least one NC Essential arts standards being addressed by the program and primary learning goal. Use the language of visual arts to communicate effectively. Create art using a variety of tools, media, and processes, safely and appropriately. Understand the global, historical, societal, and cultural contexts of the visual arts.</i>		<b>Connecting Common Core State Standard(s)</b> <i>Identify at least one common core standards in math or language arts being addressed through your residency for the grade level specified above.</i>  Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.	
<b>Connecting NC Essential Standard(s)</b> <i>Identify at least one NC Essential science, social studies, information &amp; technology, healthful living, or world languages standards being addressed by the residency and primary learning goal. Understand the relationships among healthy expression of emotions, mental health, and healthy behavior.</i>			
<b>Program Overview</b> <i>(Describe the activities you will present each day of the residency, or for the timeframe of the workshop/performance in order to develop participant understanding of the primary learning objective and the connecting arts and core curriculum standards. (Include approximate length of each activity).)</i>			
This hands-on workshop will awaken the artist attendees were always meant to be through the Zentangle Method—an easy to learn, relaxing, and fun way to create beautiful images by drawing structured patterns. The objective is to tell attendees that it is the safe place to express their way by drawing. Whether Zentangle art appears simple or complicated, in practice, it is an amazing doorway that leads to peace and achievement.			

<p><b>Materials:</b> <i>List materials that will be required to conduct this program.</i>  Zentangle tile (artist tile for Zentangle drawing), pen, pencil and tortillion</p>	
Teacher Involvement	Program Evaluation
<p><b>Teacher(s) role:</b> <i>Describe the role of the classroom teacher before, during, and/or after the sessions and activities.</i>  Mentor and coach to make sure students are comfortable.</p>	<p><b>Evaluation Tool(s):</b> <i>Describe how you will evaluate your program's success. Address at what points you will check in throughout the residency to determine student learning and participation levels.</i>  Participants create unique or different tiles. Zentangle method encourages attendees to control where to draw and how much draw.</p>
<p><b>Teacher-Artist Orientation:</b> <i>Outline your orientation checklist, including any questions, suggestions, collaboration ideas and any information you will provide to teachers/staff as part of this program.</i>  No art background required.</p>	<p><b>Extension Activities:</b> <i>Describe the tools you will leave behind for teachers and staff to develop and implement after you have left the classroom.</i>  Refreshed mind and unlimited possibility of drawing.</p>
<p><b>Resources:</b> <i>List resources consulted or used during the residency (books, DVD's, music, web resources, and other supporting materials)</i>  Information is available at <a href="http://www.zentangle.com">www.zentangle.com</a>.</p>	
<p><b>Space Requirements:</b> A classroom environment with desks and chairs</p>	<p><b>Technical Needs:</b> projector, screen(s)</p>
<p><b>Program Variations Available:</b> <i>Describe any flexibility in the program or other variations of the program offered, etc.</i>  Meditative drawing on black paper with white pen  Mandala drawing with Zentangle method</p>	
<p><b>Additional Comments:</b>  It will be a relaxing drawing workshop. No need to be judged, or feel pressure.</p>	

