

Adult Dance

East Coast Swing – Level 1

Can you say FUN! Who doesn't Love SWING DANCING! East Coast Swing is easy to learn and FUN to do. This is a low impact class but you will still get a great cardio workout. No prior experience or partner necessary but bring one if you have one. Drop-ins allowed (\$15/class). Please call 919-560-2726 day of class.

17W249.1

Tuesdays, 7:00 PM -8:00 PM

January 17-February 28 (6 weeks)

Tony Williamson, MAD Academy Instructor

\$70 for an individual \$120 for a couple

17SP249.1

Tuesdays, 6:00 PM – 7:00 PM

April 4 – May 9 (6 weeks)

Tony Williamson, MAD Academy Instructor

\$70 for an individual \$120 for a couple

Lindy Hop – Level 1

Lindy Hop is one of the oldest Swing Dances! This HIGH ENERGY class will move anyone and everyone into the world of Swing Dancing! This is a fun SWING dance that gets your body moving to exciting rhythms and is heart healthy too! No partner necessary but bring one if you have one. Drop-ins allowed (\$15/class). Please call 919-560-2726 day of class.

17W248.1

Tuesdays, 8:00 PM -9:00 PM

January 17-February 28 (6 weeks)

Tony Williamson, MAD Academy Instructor

\$70 for an individual \$120 for a couple

17SP248.1

Tuesdays, 7:00 PM- 8:00 PM

April 4 – May 9 (6 weeks)

Tony Williamson, MAD Academy Instructor

\$70 for an individual \$120 for a couple

Youth Birthday Parties

Birthday Parties at the Durham Arts Council

LET YOUR CHILD'S CREATIVITY GO WILD WITH AN ART BIRTHDAY PARTY AT DAC!

Supplies included for all parties. Clay parties take place at DAC Clay Studio at Northgate Mall. All other parties take place at the DAC Building at 120 Morris St, Durham. Please call for details.

CLAY STUDIO PARTIES FOR KIDS OF ALL AGES

Your child will learn to build with clay and get the opportunity to decorate their work. Choose from a variety of age appropriate themes including Monster Masks, Animal Adventures, Bidhouses or for older kids, Welcome to the Wheel.

\$200 for up to 10 participants

(\$15 for each additional participant)

Lindy Hop – Level 2

In this class we will take Lindy Hop to the next level! We will explore how to add new patterns, musicality, and improvisation to your dancing. This class will help you unlock freedom in your dancing. No partner necessary but bring one if you have one. Drop-ins allowed (\$15/class). Please call 919-560-2726 day of class.

17SP247.1

Tuesdays, 8:00 PM– 9:00 PM

April 4 – May 9 (6 weeks)

Tony Williamson, MAD Academy Instructor

\$70 for an individual \$120 for a couple

Zumba

One of the most exhilarating exercise crazes is the Zumba fitness program, an upbeat aerobic exercise workout done to mostly Latin and international music. Using a mixture of body sculpting movements and simple dance steps, it is a fun and easy "feel happy" way to burn calories and tone the body. Drop-ins allowed (\$12/class). Please call 919-560-2726 day of class.

17W222.1

Tuesdays, 4:30 PM – 5:30 PM

January 17- March 7 (8 weeks)

Le'Brandi Johnson, Instructor

\$80 or two payments of \$40

17SP222.1

Tuesdays, 4:30 PM – 5:30 PM

March 28-May 16 (8 weeks)

Le'Brandi Johnson, Instructor

\$80 or two payments of \$40

The Dancer's Workout®

The Dancer's Workout is a high-energy dance class which includes warm-up, stretching, toning, and a thorough cardio workout. Advanced beginner, intermediate, and advanced dancers alike enjoy this instructor's ability to teach exciting pop and contemporary choreography in a manner that is fun and inspiring. Each class offers choreography from multiple genres of dance, including ballet, lyrical jazz, hip-hop, and contemporary. The class culminates in a final piece at the end of each hour. This class is great for former dancers who want to find their way back home and for active dancers interested in maintaining flexibility and cardio stamina. Drop-ins allowed (\$15/class). Jazz sneakers or jazz slippers preferred.

17W223.1

Thursdays, 6:00 PM – 7:00 PM

January 12 – March 16 (10 weeks)

Jules Szabo, Instructor

\$100

17SP223.1

Thursdays, 6:00 PM – 7:00 PM

March 30 – June 1 (10 weeks)

Jules Szabo, Instructor

\$100

Intro to Ballet (Ages 13 & up)

17W293.1

Tuesdays, 5:30 PM – 7:00 PM

January 10 – March 14 (10 weeks)

Christiana Barnett-Murphy, Instructor

\$175

17SP293.1

Tuesdays, 5:30 PM – 7:00 PM

March 28 – May 30, (8 weeks)

Christiana Barnett-Murphy, Instructor

\$175

TRIANGLE YOUTH BALLE

Celebrate your child's birthday with a themed party designed by Triangle Youth Ballet. Party will include a goody bag and photos of the kids with TYB dancers.

\$250 for up to 12 participants
(\$15 for each additional child)

PUPPET PARTY

Puppets come in a variety of shapes and sizes and are fun to create and imagine with. We will plan a puppet project that suits your child's age and interest and teach about different types of puppets from around the world.

\$200 for up to 10 participants
(\$10 for each additional child)

CHAINMAILLE JEWELRY (Ages 8 & Up)

Celebrate your birthday in style by making your own colorful chainmaille jewelry and accessories. Depending on the age of the birthday person, we can customize this party with a variety of pieces of varying difficulty and time lengths, including keychains, bracelets, earrings or even necklaces. Every party-goer will get to choose their own colors to make their own one of a kind pieces. This party is a ton of fun for birthday celebrants of all ages and everyone leaves with their own unique party favor! All supplies and tools are included.

\$160 for up to 8 participants